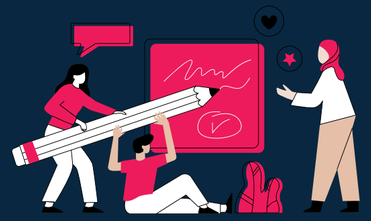

# OCTOBER 2025

BLACK HISTORY MONTH, ADHD AWARENESS, BREAST CANCER AWARENESS, CYBERSECURITY AWARENESS MONTH

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|---|
| | | 1 International Coffee Day | 2 National Techies Day | 3 Buy British Day | 4 World Animal Day | 5 |
| 6 | 7 | 8 | 9 | 10 World Mental Health Day | 11 | 12 |
| 13 | 14 | 15 | 16 World Food Day | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 World Day for Audiovisual Heritage | 28 | 29 | 30 Halloween | 31 | | |

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